

Sensory Friendly Unit Checklist

Autism Empowerment and our Autism and Scouting Program has created this checklist to better assist your unit in helping to support youth on the autism spectrum and with sensory needs.

	Gene	eral Supp	ort / Meeting Place		
	Yes	No	-	Yes	No
Use Individual Sensory Profile (ISP)			Sensory break area		
We have a family intake meeting			Lighting can be adjusted safely		
We have picture schedules					
	s	Sensory /	Recovery Area		
	Yes	No	7	Yes	No
Able to have reduced lighting safely		-	Has comfortable seating		
Is it away from excess noise?			Is there supervision?		
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	L	_eadershi	p Training Bin		
	Yes	No		Yes	No
Autism and Scouting Leadership Kit			Mini First Aid Kit		
Notepad with Pen			Your Personal stress ball		
		Sen	sory Bin		
	Yes	No		Yes	No
Bin			Fidgets or stress ball		
Checklist for Bin			Books / Magazines		
Noise reducing headphones (earplugs)			Swivel disc		
Sunglasses			Visual Timer Clock		
Surgical Mask			Paper / Pens / Crayons		
Special Interest Items			Social narratives available		
		Car	mpouts		
	Yes	No		Yes	No
Leadership Training Bin			Extra Tent		
Scheduled Events Planned			Social narratives available		
Areas to Improve :					