



The Actor's Vow

By Elia Kazan



I will take my rightful place on stage and I will be myself.

I am not a cosmic orphan, I have no reason to be timid.

I will respond as I feel: awkwardly, vulgarly, but respond.

I will have my throat open.

I will have my heart open.

I will be vulnerable.

I may have anything or everything that the world has to offer,

But the thing I need most is to be Myself.

I will admit rejection, admit pain, admit frustration, admit even

pettiness, admit shame, admit outrage, admit anything and

everything that happens to me.

The best and most human parts of me are those I have

inhabited and hidden from the world.

I will work on it.

I will raise my voice.

I will be heard.