



AWEtism We Embrace (AWE)

A Peer-Led Community and Support Group for Neurodivergent and Neurotypical Adults

AWEtism We Embrace (AWE) is a welcoming peer group for adults of all neurotypes. What makes AWE unique is that our community includes both **neurodivergent** and **neurotypical** members—connecting people through shared learning, support, and understanding.

Whether you identify as **autistic** (with or without a formal diagnosis), are a **parent or caregiver** raising an autistic child, a **partner, sibling, friend, or loved one**—you are welcome here. AWE is for **all adults** seeking connection, encouragement, and a space to be themselves.



Who is this meeting for?

- Autistic adults, whether formally diagnosed or self-identified
- Parents or caregivers
- Partners
- Siblings, friends, and loved ones

What We'll Do:

- ✓ Offer a welcoming environment to learn, grow, and share experiences together.
- ✓ Bridge understanding between neurodivergent and neurotypical perspectives.
- ✓ Encourage new insights and mutual understanding without judgment or assumption.
- ✓ This is not a therapy group, but a place to build healthy, supportive connections

 When: **3rd Tuesday of each month except June from 6:30 - 8:30 PM PT**

2025: Tuesday, November 18th, 12/16

2026: 1/20, 2/17, 3/17, 4/21, 5/19, 7/21, 8/18, 9/15, 10/20, 11/17, 12/15

 Where: Online via Zoom

 Email Shasti McLaughlin for Zoom link or questions: ShastiM@autismempowerment.org

Let's make a difference—together!

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Visit us at our **Autism Empowerment** website: www.AutismEmpowerment.org